

SPMU LIP BLUSH TREATMENT CARE

PREPARATION

TWO WEEKS PRIOR:

- No botulinum toxin and fillers.
- No facials - especially peels/microdermabrasion.

A WEEK PRIOR TO APPOINTMENT:

- Avoid any blood thinning medications and supplements such as aspirin, ibuprofen, fish oils or anti-inflammatories.
- Avoid green tea for a week.
- If clients suffer from cold sores, they need to take medication.

THREE DAYS PRIOR:

- Exfoliate the lips daily to prep the skin.

24 HOURS PRIOR DAY OF TREATMENT:

- No alcohol the night before treatment (increased chance of bleeding).
- No coffee the day of treatment (after treatment is fine).
- It's a good idea to wash your hair the day of your treatment, as you shouldn't get your new lips wet for a week.

AFTERCARE

We cannot stress enough how important proper aftercare is!

The overall result are very dependent on how well you look after them immediately following treatment.

The whole process and your lips can be jeopardised by not taking aftercare seriously. Look after your investment!

FOR 7 DAYS:

- Clean and apply aftercare balm as prescribed.
- Do not keep your lips wet for too long.
- Avoid exercise that will elevate the heart rate.
- Avoid direct sun exposure.
- Avoid any foods that are spicy, salty or highly pigmented.
- Avoid kissing, smoking and vaping.
- No facial products or makeup.

ONGOING:

- Avoid sun exposure, active skin care (Vit A, C and peels/AHAs), if you swim in chlorinated pools often - thin layer of Vaseline over lips.

If you have any questions or concerns, please contact us on 0800 633 066 or email your local OFF & ON branch.
www.offandon.co.nz

OFF & ON