

LASER VEIN REMOVAL TREATMENT CARE

PRE-TREATMENT CARE

- Avoid sunbathing, solariums and fake tan for 2 weeks before your treatment.
- This treatment is not suitable for clients who are pregnant and/or breast feeding.
- Avoid active skincare products containing cosmeceutical retinol, topical Vitamin A or hydroquinone for three days beforehand.
- Cosmetic injecting clients should leave two weeks between their last treatment and laser treatment.
- Avoid fish oils 2 weeks prior to your session.

POST-TREATMENT CARE

IMMEDIATELY AFTER TREATMENT TO 24 HOURS POST TREATMENT

- Following red vein removal, it's important to keep the skin protected and to avoid sun exposure. We encourage the use of post laser gel and a broad spectrum (UVA/UVB) sunscreen of a minimum of SPF 30+ daily.
- Immediately after treatment for up to 24 hours, the skin may appear flushed and there may be warmth in the treated skin.
- The treated skin can be itchy – please refrain from scratching.
- You may also experience bruising and a small hive like appearance in the treated area.
- Please avoid the spa and sauna and also avoid getting hot and flushed for 24-48 hours.

POST CARE FOR UP TO 3 DAYS TO 4 WEEKS

- Avoid the gym (aerobic exercise) for up to 3 days.
- Avoid products containing active ingredients for 5 days.
- Avoid direct sun exposure and exfoliation for 7 days for all treatments. Use sunscreen daily.
- No further heat-based treatments for 4 weeks.

FOLLOWING TREATMENT

- Minor crusting can occur for 7-14 days for laser treatments. The treated skin can be itchy – please refrain from scratching.

If you have any questions or concerns, please contact us on 0800 633 066 or email your local OFF & ON branch.
www.offandon.co.nz

