

STANDARD DERMAL NEEDLING TREATMENT CARE

PRE-TREATMENT CARE

FOUR WEEKS PRIOR:

No dermal filler

TWO WEEKS PRIOR:

No chemical or medical peels

No antiwrinkle treatments

No tattooing or cosmetic tattooing

No waxing or hair removal treatments

A WEEK PRIOR TO APPOINTMENT:

No recent sun exposure

No use of retinoids/Vitamin A

CONTRAINDICATIONS

Dermapen treatments are not suitable for clients experiencing active:

- Papulopustular rosacea
- Acne vulgaris stage III-IV
- Herpes simplex
- Warts
- Scleroderma
- Bacterial / fungal infections
- Open lesions
- Solar keratosis
- Skin cancer
- Hemophilia

PRECAUTIONS/CONSIDERATIONS

Certain health conditions, medications, supplements and lifestyle factors may affect a Dermapen procedure. All clients are required to complete a consultation form prior to their treatment for assessment by a qualified Dermapen practitioner.

Before having a Dermapen treatment, your Dermapen practitioner may advise an at-home skincare regime to help prep and get your skin ready for treatment.

If you are prone to herpes simplex (cold sores), it is recommended to take or apply a targeted prophylaxis, such as acyclovir, to prevent a possible outbreak.

If you have any questions or concerns, please contact your local OFF & ON branch.

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POST-TREATMENT CARE

During the skin healing process, minor itching, hives, flaking or redness may appear.

If symptoms persist, please call your OFF & ON store.

Do not pick, squeeze or agitate during the recovery period.

Please avoid the following activities for up to 2 days following a Dermapen treatment procedure:

- Direct ultra violet exposure (sun and solariums)
- Intensive cardio, exercise or gymnasium regimens
- Excessively hot showers, bathing, spas or sauna
- Spray or self tanning
- Swimming in chlorinated pools or the ocean
- Tattooing (including cosmetic tattooing)

Further clinical treatments (including but not limited to) microdermabrasion, laser, intense pulsed light, chemical peels, muscle relaxant injections and dermal fillers) should be avoided for up to two weeks.

Please avoid the use of skin care products containing any of the following active resurfacing ingredients for up to 5 days following a Dermapen treatment:

- Alpha hydroxy acids (AHAs) including but not limited to glycolic, lactic or malic acid
- Beta hydroxy acid (BHA) including salicylic acid
- Benzoyl peroxide
- Retinoids including but not limited to tretinoin, retinol and retinaldehyde
- Hydroquinone
- High levels of Kojic or azelaic acid
- Alcohol including but not limited to isopropyl alcohol/de-natured alcohol/rubbing alcohol

OFF & ON recommends Cover Recover as a daily skin protectant and camouflage in one. Light, non-occlusive and non-comedogenic makeup may be applied 24 hours post-procedure.

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STANDARD DERMAL NEEDLING WITH ÜBER PRO PEEL TREATMENT CARE

PRE-TREATMENT CARE

In addition to the standard dermal needling treatment pre and post care information. Please adhere to the below when also receiving the ÜBER Pro Peel.

CONTRAINDICATIONS

- Active cold sores or warts
- Skin with open wounds
- Sunburn
- Excessively sensitive skin
- Dermatitis
- Inflammatory rosacea
- Autoimmune disease in active phase (such as lupus)
- History of allergies, skin reactions, cancers
- Taken oral isotretinoin within the past year
- Received chemotherapy or radiation therapy

Individuals who have medical cosmetic facial procedures (inc. laser, microdermabrasion, injectables) should wait until skin sensitivity completely resolved before having this resurfacing treatment.

PRECAUTIONS/CONSIDERATIONS

Please check with your therapist prior to receiving your treatment if you are:

- Pregnant (Please note ÜBER Pro Peel CAN be applied to pregnant or breastfeeding women)
- Using blood thinners such as warfarin
- Susceptible to keloiding skin

A WEEK PRIOR TO APPOINTMENT:

- Your skin must be pre-conditioned with recommended home care regimen prior to treatment as advised by your therapist.
- Avoid waxing, electrolysis, laser hair removal
- Avoid retinoid-like compounds, products containing retinol, AHAs, BHAs benzoyl peroxide or any exfoliating products that may be drying or irritating on the area to be treated.

NEXT DAY POST APPOINTMENT:

- Do not wash your face for 12-24 hours post ÜBER Pro Peel.
- Re-apply Vitamin Rich Repair and Cover Recover the next day.

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